

Reflection

The best Lent is one in which we enter the season wholeheartedly. All too often people either take on too much or don't take on enough. The solution is to simplify our disciplines, focus our intentions, and concentrate more clearly on our spiritual goals.

Lenten Thought

What Catholic hasn't said, "I don't belong inside a church," or "After the way I've lived God doesn't want me there." On Ash Wednesday the entire Church admits that none of us "belongs in there." Our ash-smeared foreheads admit our sinfulness. If belonging to the Church depended on good behavior, who could last beyond infancy? But ashes are in the shape of the Cross - showing that our sinfulness is not the end of the story. We belong in the Church because of the goodness of Jesus Christ who sees us as the most loveable being in all creation. No sin of ours can stop His love. His sacrifice has conquered sin. So sin itself is not the problem. The problem is a heart that is too prideful or fearful to seek His loving and merciful embrace. You do belong inside the Church. After the things you've done it is the only place that will bring you the forgiveness, peace, and true happiness you long for. So welcome to Lent! Welcome to the Church! Welcome home! Jesus has been waiting for YOU!

LENTEN REGULATIONS

WEEKDAYS OF LENT - Although there is no obligation to fast, Jesus calls us to do penance. Voluntary acts of self-denial are highly recommended and encouraged.

ASH WEDNESDAY AND GOOD FRIDAY - are days of fast and abstinence. Limit one full meal on these days to all between 18 and 59 years of age. The other two meals should be lighter than they normally would be. Eating between meals is to be avoided. No meat for those 14 years and older.

FRIDAYS OF LENT - are days of abstinence, that is, Catholics who are 14 years and over are required to give up meat.

EASTER DUTY - the obligation to receive Holy Communion at least once a year is to be fulfilled during the Easter Season.

Lent Begins February 18th

On **Ash Wednesday, February 18th**, we begin that special season of penitential observance known as LENT. It is that time of year when we take time out to seriously examine our human values against profoundly different Gospel values—when we reassess our principles against principles of the Good News of Jesus.



Ash Wednesday – February 18th
Blessed ashes distributed during
all Masses.

7:30 am & 5:30 pm – Masses in English
10:00 am & 7:00 pm – Mass in Spanish

**Annual Parish
 Dinner Dance**



Saturday, March 28, 2025



Santa Maria Di Prate Society Hall
29 Walnut Grove Avenue, Cranston, RI
Music by: Steve Anthony

Tickets: \$60 per person

Annual Souvenir Ad Book

*Please consider purchasing an Ad in our
 souvenir book for your business, family,
 or In Memory of a loved one.*

*Memorial Lines and Family Name Lines
 are available for \$10.*

Please call the Parish Office for information.
Thank you for your support!

MASSES FOR FEBRUARY 16 - 22, 2026

Every Mass is offered for the faithful, living or dead, however the following are specifically remembered this week.

Monday, February 16 – Presidents' Day

7:30 am – Michael Kelly – 1st Year Remembrance
by Anne Joyce-Whitman

Tuesday, February 17

7:30 am – Intention of Priest Celebrant

Ash Wednesday, February 18

7:30 am - Ash Wednesday Mass in English
10:00 am - Ash Wednesday Mass in Spanish
5:30 pm - Ash Wednesday Mass in English
7:00 pm - Ash Wednesday Mass in Spanish

Thursday after Ash Wednesday, February 19

7:30 am – Intentions of Parishioners

Friday after Ash Wednesday, February 20

7:30 am – Joseph W. Calvosa – 1st Year Remembrance
by friend, Father Joe
3:00 pm – Divine Mercy Chaplet

Saturday after Ash Wednesday, February 21

8:00 am – Intentions of Parishioners



**SANCTUARY CANDLE &
ALTAR BREAD & WINE:**

In Memory Of

All Deceased Parishioners

+ Died in Christ +

Maria Leamy

WEEKLY CHURCH SUPPORT

Church Collections & Mail-in Budgets

Weekend of February 7 & 8, 2026:
\$4,952.50

Thank you for your generosity!

LORD'S DAY MASSES**Saturday, February 21**

5:00 pm

Intentions of Parishioners

Sunday, February 22**First Sunday of Lent**

8:00 am

Intentions of Parishioners

11:30 am

Judith Norcini – Month Mind Remembrance
Carol Rovinski – 1st Year Remembrance by family



*“Christian love is prophetic:
it works miracles and knows no limits.”*

Pope Leo XIV

Please give prayerful consideration to a gift for the **2026 Catholic Charity Appeal**; which funds over 30 programs and ministries serving thousands of people in the Diocese of Providence. Please help by donating or pledging your support to the Catholic Charity Appeal by returning a Catholic Charity envelope in the mail or in the collection basket at Mass. Thank you!

This Week's Bulletin Is Sponsored

In Memory Of

Ruth & Bucky Buchanan

